



The parents/guardians in our family will always:

- ▶ Use all internet devices in a common area of the home.
- ▶ Use parental controls and filters to protect children.
- ▶ Monitor the amount of time children spend online. (no more than 2 hours a day is recommended according to the American Academy of Pediatrics).
- ▶ Monitor conversations our children have online and get to know their friends.
- ▶ Take the time to educate and empower children to be safe and make wise choices while online.
- ▶ Maintain access to our children's social media profiles by requiring them to 'friend' us.
- ▶ Share an email account with children until he/she is old enough to be trusted with their own account.
- ▶ Know our children's login names and passwords.

The children in our family will always:

- ▶ Tell our parents/guardians if anyone says or does anything online that makes us uncomfortable or upsets us.
- ▶ Give our parents/guardians permission to see what we do on the internet and give them the passwords to all our accounts
- ▶ Keep our parents/guardians as 'friends' on all social network sites of which we are members.
- ▶ Tell our parents/guardians if we see anything on a website that makes us uncomfortable or is inappropriate.
- ▶ Treat others online as we would like to be treated

The children in our family will NEVER:

- ▶ Share personal information such as their name, address, phone number, school name, team name, age, etc. with anyone online.
- ▶ Engage in any form of cyberbullying.
- ▶ Send, forward, or respond to mean or threatening messages.
- ▶ Meet anyone in person that we met online without our parents' permission.
- ▶ Download games, movies, music, or programs without our parents' permission.
- ▶ Give our passwords to anyone but our parents/guardians.
- ▶ Join social networks without our parents' permission.

CHILDREN: I understand that access to the internet is a privilege that I must earn by being responsible and trustworthy. I will follow this contract whether I am at home or on a computer somewhere else.

Signed _____ Signed _____

Signed _____ Signed _____

PARENTS: I understand that it is my responsibility to protect my children from danger on the internet and to train them to use the internet wisely.

Signed _____ Signed _____