



## CYBER SAFETY

- R** **ESTRICTIONS.**
- U** **SE** filters.
- L** **OCATION.** Keep computer in a central location.
- E** **DUCATION.** Discuss the hidden dangers of the Internet and social media with your child.
- S** **ET FAMILY GUIDELINES.** Every family is different and should have rules that work best for them. It is important to set family guidelines and model healthy screen time and Internet use.