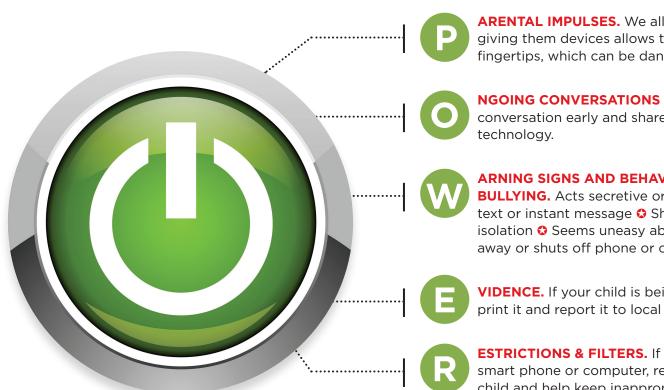


CYBER POWER



ARENTAL IMPULSES. We all want to give our child the world, but giving them devices allows them to have the cyber world at their fingertips, which can be dangerous.

NGOING CONVERSATIONS ABOUT TECHNOLOGY. Start the conversation early and share age-appropriate stories about

ARNING SIGNS AND BEHAVIOR ASSOCIATED WITH CYBER-**BULLYING.** Acts secretive or appears nervous when receiving a text or instant message ♥ Shows signs of anxiety, depression, social isolation © Seems uneasy about going to school © Abruptly walks away or shuts off phone or computer when you are near.

VIDENCE. If your child is being cyber bullied, take a screenshot, print it and report it to local authorities.

ESTRICTIONS & FILTERS. If you give your child an adult tool like a smart phone or computer, restrictions and filters will protect your child and help keep inappropriate content away from them.