

TABLE TALK MASK+

Masen Jar Topics

MASK Menu 2 // Elementary Age Edition

✱ Write your own questions in the blank spaces below

What should be our family motto?
Or family mission statement?
(come up with one together)

What is something you
want to be better at?

What do you do during recess?

If you could be someone from
history who would you be?

Should you ever take medicine not
given to you by a trusted adult? Why?

What are some fun things
we can do as a family?

Who do you admire most?
And why?

Have you ever been
pressured to do something
you didn't want to do?

Do you think it is ok to talk to a
stranger in a park? Do you think it is
any different talking to someone
online that you don't know?

What are ways to show empathy?

Have you ever been pushed to
try something new and like it? Maybe
a new sport or activity.

Do you feel it is important
to be honest? Why?

What would you do if you or
a friend are being bullied?

What are your favorite games
to play? online or offline?

What is something that
means a lot to you?

Go around the table and say what
you love most about each person.

What are qualities that
make a good friend?

What's the difference
between someone bothering
you or bullying you?

What are you passionate about?

What is something someone
said to you that you can't get
out of your mind?

What is your favorite season?

Who do you feel safe
to talk to at school?

What would you like to do
more of as a family?

How can you be a better
friend to someone?

What is the best gift you have ever
given someone? What made it special?

