

educate

7 Key Parenting Principles EVOLVES:

E

EDUCATE YOURSELF AND YOUR CHILD ON RELEVANT ISSUES. Have age-appropriate discussions with your child 5 years before he will be exposed to that topic.

V

VALIDATING YOUR CHILDREN'S FEELINGS will help your child feel understood and loved.

O

ONGOING CONVERSATIONS ARE ESSENTIAL. When the foundation of an open dialog has been set, it will make it easier for your children to come to you when they need help.

L

LOVE - FILL YOUR CHILD'S LOVE TANK. When the love tank is empty, the child may grapple with internal struggles and look for love in all the wrong places.

V

VALUES - RESPECT, KINDNESS, HONESTY, courage, perseverance, self-discipline, compassion, generosity, dependability. Instill values to protect the child from social influences and lay the foundation for her to become a responsible citizen.

E

EMPATHY IS AT THE HEART OF WHAT IT MEANS TO BE HUMAN. It's a foundation for acting ethically, for good relationships of many kinds, for living well, and for professional success. And empathy is key to preventing bullying and many other forms of cruelty.

S

SET BOUNDARIES - FROM BABY PROOFING TO TEEN PROOFING. Put boundaries and guidelines in place for technology, friends, health and wellness.

MASK[®]
MOTHERS AWARENESS ON SCHOOL-AGE KIDS

